

www.copsecroydon.co.uk/gatliff



50km - 25km

Challenge Walk

## Entry Form

Please fill out, print out and sign one entry form per entrant. Fields marked with a \* are mandatory. Send with a cheque (made out to COPSE) and stamped addressed envelope to:

COPSE  
c/o 15 Thayers Farm Road  
BECKENHAM  
Kent  
BR3 4LY

First name\*

Surname\*

Address\*

Home Telephone number

(if we need to contact you regarding your entry):

Mobile contact number\*

(if we need to contact you while walking)

Email Address

Car Registration

Club Name:

Gender\*

Male

Female

Have you previously taken part in the Gatliff Marathon? Yes/No

If "No" how did you hear about the event?

Distance\*

25km

50km

Please enter me for the Gatliff Marathon. I understand that I enter at my own risk and that the organisers cannot be held responsible for any injury or loss of property during the event. Furthermore, I have read the notes on the entry form, particularly those entitled Responsibility and Kit.

Signed

Entrant or Parent/Guardian if under 18 yrs

## ENTRY AND COST

Pre-entry: 50km - £12.00 per person; 25km - £10.00 per person

On the Day: 50km - £15.00 per person; 25km - £13.00 per person per person

## REGISTRATION

Registration is at the Sports Ass. Pavilion, Edenbridge, Kent (GR 441 459). The hall will be open from 6:30am.

Entrants before the day will be sent their number in advance and, to avoid delay, this should be brought to the start.

## START

This will be from the Pavilion and, in general, you can start when you like and will be timed from when you go.

However, in order to make the manning of checkpoints possible, we recommend the following start times: -

	50km	25km
Walkers	7:00- 7:30	9:00-9:30
Joggers	7:30-8:30	9:30-10:00
Runners	8:30-9:30	10:00-10:30

Entrants should choose their start time carefully.

Checkpoints are opened to accommodate the above start times and their closing times are shown in the Route Descriptions. You may be asked to retire if you arrive after the closing time.

Would “fast” runners, particularly on the 25km route, please not start too soon as the checkpoints may not be open!

## FINISH

This will also be at the Pavilion. Hot food, tea/coffee and showering facilities will be available free of charge to all entrants. (N.B. Food at the finish will be served from 13:30 onwards.)

## RESPONSIBILITY

Every effort has been made to avoid unsafe situations – to monitor whereabouts of entrants – to transport those retiring – and to generally assist. However, it must be emphasised that all competitors are ultimately responsible for themselves. In this connection, please see the notes on kit. If you have to retire always do it at a checkpoint, if possible. Otherwise, please phone Edenbridge, or ensure a message reaches there, to tell us what is going on. The number is given on the route descriptions.

## KIT

Detailed route instructions are issued, but maps are advisable. OS 187 and 188 cover the area. As grid references are quoted at each paragraph, note that maps could possibly enable lost persons to get back onto the route!

A compass, map case, appropriate clothing, sensible footwear, waterproofs and some high energy food are recommended. It is also advisable to bring sun protection and carry plenty of water to avoid dehydration. Please bring hand sanitiser and a mask for use at indoor venues.

A torch is recommended for all participants doing the 50km.

## BAGGAGE AND CAR PARKING

Bags may be left at owners' risk in the Pavilion. Please note that the main town centre car park (Market Yard Car Park) may not be available if the local Chamber of Commerce is holding a French Market there. There is limited free parking on the High Street. Edenbridge Town Railway Station Approach has free parking on Sundays. Please do not park in the residential streets near the start, as this will cause annoyance to the residents.